

CASA CENTRAL

IMPACT REPORT

FY 2019



TRANSFORMING LIVES AND STRENGTHENING COMMUNITIES SINCE 1954

This year we began the celebration of Casa Central's 65th anniversary. In 1954, a small group of committed community activists founded Casa Central to lend a helping hand to Chicago's growing Latino communities. Since that time, Casa Central has served tens of thousands of individuals and families in the Chicagoland area. While our communities have come a long way in the ensuing 65 years, many needs remain. That's why Casa Central's work is as relevant today as it was on the day we opened our doors in 1954. Today our evidence-based, bilingual, bi-cultural, health and well-being focused programs not only afford a safety net for those in need, we help catapult people to self sufficiency by equipping them meet their full potential. That success is evident in this year's Impact Report. Thank you for your continuing support of Casa Central!

Marty Castro
Interim President and CEO



WHO DID WE SERVE?

481

children in the
School Age
Program and Early
Learning Academy

75

individuals
impacted by
domestic violence
and other trauma

9,715

TOTAL INDIVIDUALS



54

families
experiencing
homelessness

1060

adults requiring
daily living
assistance

279

families in need of
services to improve
family functioning
and child well-being

258

disaster evacuees
from Puerto Rico, in
need of assistance



FOCUS AREAS

Casa Central develops annual program work plans that identify strategic and qualitative indicators tied to agency-level focus areas

HEALTH

Participants build knowledge, skills and habits to improve their physical health and the health of their families

EDUCATION

Participants increase knowledge and skills to achieve their full potential and contribute meaningfully within their families and communities

SAFETY

Participants gain knowledge and confidence to make informed choices about their safety and the safety of their families

WELL-BEING

Participants improve their wellbeing and are able to meet their basic living needs in the context of positive family and community relationships

98%

of Adult Wellness Center participants, who regularly attended yoga classes, reported their physical and emotional health had improved

100%

of 55&Better- Senior Services participants who attended Job Readiness Workshops reported an increase in knowledge and skills to gain employment

96%

of surveyed participants reported feeling emotionally and physically safer as a result of Home Care Services

90%

of Early Learning Academy children meet or exceeded expectations in cognitive development

86%

of School Age Program participants increased knowledge in healthy activities and making healthy choices after participating in physical/nutrition education

100%

of parents reported a sense of support and child safety as a result of the School Age Program

78%

of La Posada families, who secured permanent housing, remained in permanent housing for six months

100%

of Violence Prevention and Intervention participants reported increased knowledge about the dynamics of domestic violence

94%

of parents demonstrated reduced risk and increased safety factors in the home as a result of Intact Family services

Participant Satisfaction

Approximately 20 percent of Casa Central participants responded to the annual Participant Satisfaction Survey. The Participant Satisfaction Survey is used to measure the level of satisfaction of services offered and allows Casa Central to monitor the quality of programming and make participant driven decisions



98% of participants reported they would recommend Casa Central to family and friends

94% of participants feel their Quality of Life has improved as a result of Casa Central services

97% of participants are satisfied with Casa Central services

"Casa Central offers services for the entire community. Their programs assist children, families and seniors. They are so helpful and I am thankful for their resources!"

"I came to Casa Central for assistance and it has made such a positive change in my life. Thank you so much for the help and services you provide to the community."



Success Stories

Monica is a mother of two children and was in a physically abusive relationship. Monica ended the relationship and shortly after, the children's father was incarcerated. Monica observed that her relationship had affected the children's behavior. That is when Monica decided to enroll her family in the Violence Prevention and Intervention (VPI) program. VPI provides services to families who have been impacted by violence and trauma to regain a sense of safety and well-being. Monica received individual domestic violence services to better understand the abuse she had experienced, to recognize the signs of an unhealthy relationship, ways to support her well-being and access other community resources. Through consistent work with her VPI therapist, Monica shows insight into the impacts of interpersonal violence on her family and an eagerness to nurture her relationship with her children. Monica has also been working with her therapist to develop a narrative to share with the children about their experiences. Monica continues to show an incredible amount of resilience and always strives to ensure her children's overall safety and well-being. VPI staff are so proud of her progress and the positive impact on her children's lives.

Mario and his mother fled Colombia to escape a violent domestic relationship. Once in Chicago, Mario was enrolled in the School Age Program (SAP) for after school services. Mario began exhibiting behavioral issues, and the SAP team quickly intervened to refer Mario internally to the Violence Prevention and Intervention (VPI) program for therapeutic services. Mario was able to continue receiving after school and academic programming through SAP, while also addressing the challenges he was facing due to transitions in his life and the effects of the abusive relationship on his life. A year later, Mario is fluent in English, excels in leadership roles, and has healthy relationships with his peers in the SAP program! Casa Central is proud to offer wrap-around case management programs that provide a multitude of services for individuals and families.

Mission Statement

Casa Central transforms lives and strengthens communities, with a special focus on Hispanics. Our network of social services propels a diverse population, of all ages, toward self-sufficiency and a higher quality of life.



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